

Legislative  
Assembly  
of Ontario



Assemblée  
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68 ELIZABETH II, 2019

# Bill 120

## An Act to Proclaim Menstrual Hygiene Day

**Ms B. Karpoche**

**Private Member's Bill**

1st Reading      May 28, 2019

2nd Reading

3rd Reading

Royal Assent



## An Act to Proclaim Menstrual Hygiene Day

### Preamble

It is estimated that, in Canada, one-third of people who menstruate and are under the age of 25 struggle to afford menstrual products, which can cost from \$76 to \$153 per year. The inability to afford menstrual products is a health and social equity issue that has the greatest impact on low income, homeless, Indigenous and young people who menstruate.

By proclaiming May 28 in each year as Menstrual Hygiene Day, the Province of Ontario raises awareness of the challenges people who menstruate face due to a lack of access to menstrual hygiene management and highlights the importance of finding sustainable and evidence-based solutions to these challenges.

Menstrual Hygiene Day contributes to the normalization of menstruation, as menstruating is a natural bodily function, and access to menstrual products is as necessary as access to soap, water and toilet paper.

Therefore, Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:

### Menstrual Hygiene Day

**1** May 28 in each year is proclaimed as Menstrual Hygiene Day.

### Commencement

**2** This Act comes into force on the day it receives Royal Assent.

### Short title

**3** The short title of this Act is the *Menstrual Hygiene Day Act, 2019*.

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### EXPLANATORY NOTE

The Bill proclaims May 28 in each year as Menstrual Hygiene Day.